

# CAMPUS RECREATION

COSAF 4/27/18  
SASI Presentation

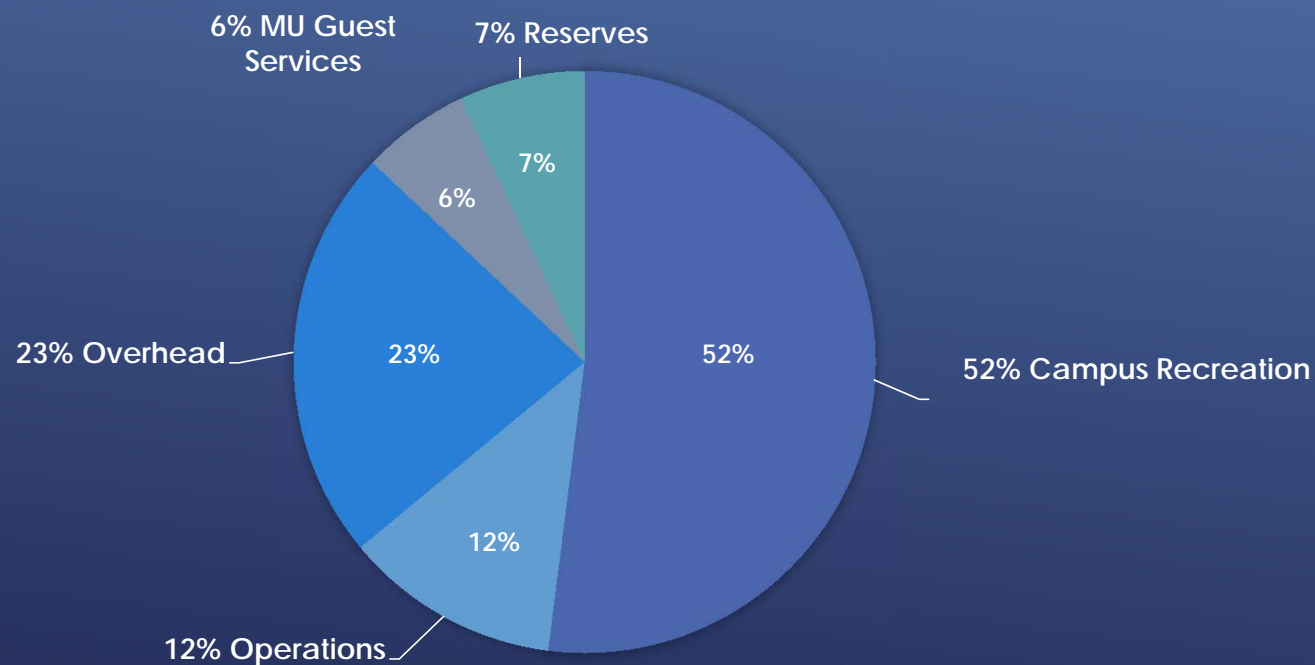


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# SASI BREAKDOWN

Out of the money allocated to recreation from SASI, Campus Recreation gets 52%



# INTRAMURAL SPORTS



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# Undergraduate Participation

4996

UNIQUE PARTICIPANTS

246

STUDENT EMPLOYEES

37,304

TOTAL SWIPES

1

FULL-TIME STAFF

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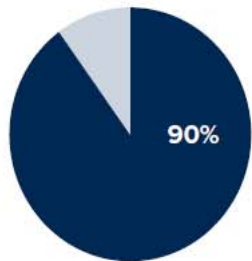


- ▶ “It’s just something you can go do with your friends and it’s kinda competitive, which is nice,” Heinzman said. “It’s a great way to make friends in the community and get involved. If you play with your floor as a freshman, it’s a great way to meet people on your floor you might not have met yet. It’s just a nice, fun way to take a break from all the studying.” ~Intramural participant

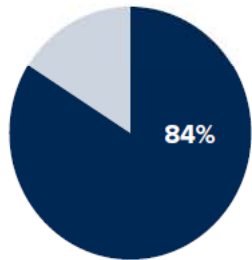
“Honestly, it’s a really good way for me to get a workout, always moving around and you get to meet [...] so many like-minded people. The whole atmosphere around the IM sports program is really cool, and once you’re involved with it, it’s something you never really want to leave.”  
~Student supervisor



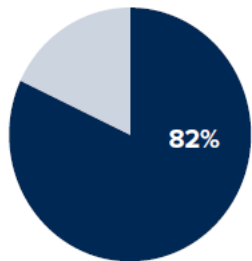
## social impact



looked forward to participating with friends

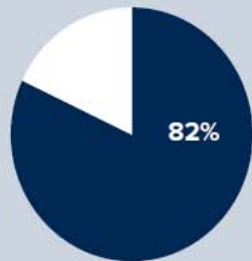


made new friends

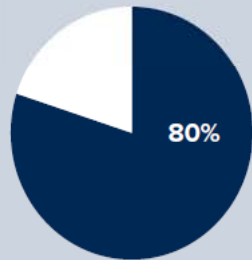


felt a sense of community with other participants

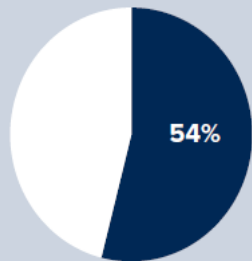
## stress relief



felt participating reduced stress associated with academics and life

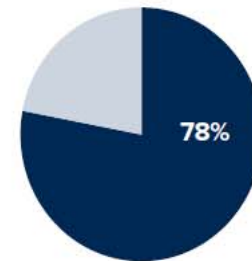


felt less stressed after participating

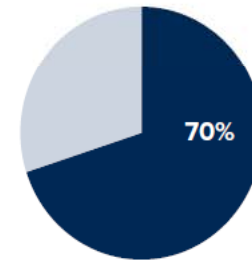


felt improved ability to balance academic and social responsibilities

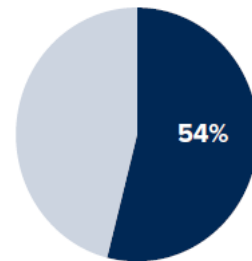
## fitness



had more energy due to participation



felt inspired to participate in other physical activities



felt participation improved fitness

# SPORT CLUBS

Alpine Ski & Snowboarding  
Archery  
Badminton  
Baseball  
Basketball  
Bowling  
Boxing  
Crew \*  
Cross Country/Track  
Cycling  
Equestrian \*  
Fencing  
Field Hockey  
Gymnastics  
Ice Hockey  
Judo  
Lacrosse \*  
Rugby \*  
Soccer \*  
Softball  
Table Tennis  
Taekwondo  
Tennis  
Triathlon  
Ultimate Frisbee \*  
Volleyball \*  
Water polo \*  
Waterski & Wakeboard



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# Undergraduate Participation

1821

STUDENT ATHLETES

60

STUDENT EMPLOYEES

38

CLUBS

1

FULL-TIME STAFF

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# Sport Club stats

115

HOME GAMES

220

AWAY MATCHES/TOURNAMENTS

110,000

MILES TRAVELED

over 10,000

PRACTICE HOURS

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"Without the love and support of the archery club, I know I would be a very different, and very likely a less happy, confident, and successful person"



"Sports clubs are great! They help students find a community within UC Davis and pursue passions outside of class. They develop well rounded students that will be successful in all facets of life"

"I threw myself into club field hockey and joined club lacrosse. I could not be happier with the choice I made to play club sports at Davis. Through club sports, I have met some of my best friends at Davis"

Being on my sport club team for my entire time at UC Davis was a no brainer. It has been an incredible experience participating in the sport I love with peers who love it just as much, and a great balance to the academic rigors at UC Davis.

# INSIDE UC DAVIS CREW

Aggie article on 4/19/18 by Dominic Faria



"The trust in our teammates transfers off the water into our personal and academic lives. We spend a lot of time with each other on campus because we're like a big family, and in the past when I've been stressed out due to school or personal problems, my teammates are the first ones I turn to for support." ~Aiden Sandhoefner, Men's Crew Vice President

"Mental strength and confidence. Confidence in my leadership skills, confidence in who I am as a person. You're out there with all of these other strong women and you're just like, 'I can do this, I can do anything.'" ~Kelly Gullett Women's Crew President

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# QUESTIONS?



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