817,829 recreation users, 2017–18 academic year
175 student employees
122 open hours per week
3 full-time administrative staff
Facility Overhaul

ARC users

- Participation increased:
  - 2016–17: 786,000
  - 2017–18: 817,829

$1.24M invested in new equipment
regular meetings with the Medical Wellness Committee led to improved overall operation in 2017-18

80% usage = 6% increase
as part of their mechanical engineering senior project, four students partnered with Informal Recreation to create an automated towel dispensing system

“...We learned how to connect with our client on both a personal and professional level to give shape to the ideas that they envisioned.”

Farmaan Aziz
Mechanical Engineering group participant
10,660 center users

94 open hours per week

35 student employees

3.5 full-time administrative staff
boarding: 100% capacity

lessons: 98% capacity
Veteran Students, Horses Partner in Care at UC Davis

By Julia Ann Easley on January 8, 2018 in Student Life

‘It’s a peace’

One of about 200 veterans enrolled at UC Davis, J. Alota is studying for a master’s degree in health informatics after 22 years and five deployments with the Air Force left him unable to meet the strenuous physical demands of his former nursing career.

He also copes with PTSD and a traumatic brain injury, he said, and enjoyed brushing and talking to the horses in the fall trial.

“It feels like there is nothing else going on in the world but me and the horse.” he said. “It’s a peace.”

Hooves for Heroes is akin to the equestrian facility’s long-established Guardian Angels program that trains campus and community volunteers to spend time with horses.
24,652 participations

100+ student employees

21 contract instructors

2 full-time staff
Impacted space doesn’t impact numbers

- **Group Exercise**: 18% increase
- **Personal Training**: 21% increase
- **Nutrition Education**: 35% increase
- **Small Group Training**: 92% increase

6,000 students served
I’m a vet student, so my schedule is very busy, and I find myself under a lot of stress. The group exercise classes here are my escape from those stressors.

Coming to class gives me a break from all my work, and I look forward to it every single time. I’m so grateful to have these classes scheduled; I don’t know what I’d do without them.

-Jenna Winer, UC Davis Vet Student
47,187 participations
1,083 new users
225 student employees
1 full-time staff
A New, Better Model

team fees have been replaced by one-time individual participation fees, encouraging students to play more and explore new sports.
We really value having our GSM students participate in IM sports, because it encourages them to be healthy, social and to meet new people. When ASM forms GSM teams (rather than allowing the students to form them themselves) we help our students bond with others who they might not otherwise interact with socially.

– Emma O’Rourke-Powell
President of the Associated Students of Management (ASM)

86% agree
“I feel a sense of community with the other IM participants”

95% agree
“I look forward to participating in IM sports or activities with my friends”

90% agree
“IM sports and activities allow me a break from the rigors of my day”
Farah Sevareid, a second-year genetics and genomics major who serves as the Athletics Chair for her sorority, Kappa Kappa Gamma, explained why she views the addition of different leagues as a positive change.

“Often competitiveness from just wanting to win can cause players to act aggressively, so with the added awards and playoffs, players may become more eager and desperate to win,” Sevareid said. “It was smart of UC Davis to add a recreational team without playoffs so beginners or [...] people who do not like competition can play peacefully.”
SPORT CLUBS
1,921 student athletes

52 student employees

38 clubs

1 full-time staff
Being a part of the Archery Club has made an enormous difference in my mental health. Three weeks before coming to UC Davis as a freshman, my dad passed away from pancreatic cancer. As you can imagine, my first quarter and even my first year as a student here was incredibly difficult; I was constantly caught somewhere between depression, and when I didn’t feel sad, I was wreaked with guilt that I wasn’t mourning his loss...

I knew when I enrolled that there was an archery club on campus, but since my dad was the one who had taught me to shoot my first bow, it was too soon for me to participate. I joined the archery club my sophomore year, and immediately felt welcomed. It was obvious that the team members genuinely cared about each other and were invested in each other’s successes. It felt like a family, and after learning to deal with the loss of my dad largely on my own, it was exactly what I was looking for. I have now been a part of the club for two years, and the people I have connected with in that time are some of my closest friends; we often get together to study, get food, or play board games outside the club atmosphere. Without the love and support of the archery club, I know I would be a very different, and very likely a less happy, confident, and successful person.
RECREATION
LEADERSHIP
TEAM
Comprised of

1 Director
3 Associate Directors

Points of Pride

• Student and Staff Development
• Focus on Emotional, Physical & Mental Wellness
• Innovative and Entrepreneurial
• Positions on National Boards and Industry Leaders

students that participate in Campus Recreation programs and use our facilities are 288% more likely to enroll in classes the following academic year
Student Wages

697 student employees

$1.46M invested in student payroll

$891,218 invested from FACE/LEAP