Mission Statement
Campus Recreation supports wellbeing, health, happiness and a sense of belonging for the UC Davis campus community

Vision
An inclusive and engaging space to inspire lifelong wellness
Participating in Campus Recreation Programs reduces my stress
87% Strongly Agree or Agree

Involvement with Campus Rec provides me a sense of belonging
80% Strongly Agree or Agree

Student Satisfaction Survey February 2021-March 2022
Awarded: 6043 waivers $568,812  Redeemed: 4766 waivers $343,628
September 2021-August 2022
FREE safety courses

as well as increased group exercise and programming along with Rec Sports

First Aid/CPR AED  Self-Defense  Learn to Swim
850 STUDENT EMPLOYEES
FREE CERTIFICATIONS
AQUATICS

Daily Lap and Recreation Swim Times

Learn-to-Swim Lessons for all skill levels (Free for Students)

Lifeguard Certifications, Special Events, Sport Clubs, and more!
CRAFT CENTER

• Fall Classes:
  • Painting, photography, bronze sculpture, crochet, drawing, book binding, lotions and potions
  • GLASS beadmaking, casting, fusing, pendants, and marbles
  • CERAMICS hand building, wheel throwing, teapots, and surface decoration
  • Knitting, DIY keyboards, bike maintenance, leather crafting, pinata making, precious metalsmithing, cyanotype, soap making, spinning, t-shirt screen printing, weaving, welding

• You will be amazed at what you can create in our 14 studios
EQUESTRIAN CENTER

- Boarding Spaces
- Multiple riding spaces
- Equestrian Sport Clubs
- Riding Lessons
- Guardian Angels
LIVING WELL

**FUN**
- Dance, Group Exercise, Martial Arts, Nutrition Services, Personal Training, Small Group Training, Custom Classes

**FREE**
- Try Before You Buy

**ACE**
- ACE GX & PT Leadership Course

**LEARN**
- Drop-In Personal Training & Nutrition
MARCHING BAND

- Home Football games
- Men & Women’s Basketball games
  - Big West Tournament in Henderson, NV
- San Francisco Chinese New Year Parade
- Picnic Day!
OUTDOOR ADVENTURES

Water
- White Water Rafting
- Stand-Up Paddleboarding
- Kayak Rolling

Land
- Backpacking
- Car Camping
- Day Hikes
- Rock Climbing (indoor and outdoor)
41 unique Sport Clubs

In-person practices & competitions; Local, regional, and national travel

Travel throughout the country to compete against other universities and for national titles.

SPORT CLUBS

2,900 athletes
REC SPORTS

In-Person
- Badminton
- Basketball
- Beach Volleyball
- Bingo*
- Bowling
- Cornhole
- Dodgeball*
- Flag Football
- Floorball*
- Goalball*
- Grass Volleyball
- Indoor Soccer
- March Madness Bracket Challenge
- Poker
- Sitting Volleyball*
- Soccer
- Softball
- Spelling Bee*
- Spikeball
- Tennis
- Tube Polo
- Ultimate Frisbee

Virtual
- Volleyball
- Water Volleyball*
- 3 point Shootout
- E-Sports & Gaming
- Trivia

*New activity this year
Provide Athletic Training Services for practices and home events for high-impact Sport Clubs

Immediate emergency care, injury evaluation, rehabilitation, and treatment of injuries

Concussion evaluation and Return to Play process

- 220 Treatments and injury rehabilitations
- 33 concussion injuries
- Clinic located in the U Center and in the ARC
YOUTH PROGRAMS

- Summer Camp for various ages
- Counseled by UC Davis students
- Great Summer Work opportunity
For more information on any of our programs, visit campusrecreation.ucdavis.edu

Questions?
UC DAVIS RECREATION APP

Available on Apple and Android

Stay up-to-date on your favorite programs, facility hours, and important updates

Check-in to facilities without your student ID

GET ACTIVE. STAY CONNECTED
FIND EVENTS, REGISTER FOR PROGRAMS AND MORE.