



To me, “Come As You Are” conveys a greater sense of a non-judgmental community in which we value everyone’s individual talents, beliefs and ideas.

Cassidy Block, third-year Viticulture and Enology student

Desired Outcomes

- Goal is to welcome all students regardless of fitness level, skill level or body type
- Find a way to communicate that, though we are all **different** in one way or another, that does not diminish our importance or ability to participate
- Promote all types of wellness and fitness, including mental wellness and all programs (e.g. Band-Uh!, Equestrian and Crafts Center)
- Reach out to students who may have previously been intimidated to try new things or participate in recreation programs
- Design a message that resonates for all (especially the person who feels that this is for “everyone but me”) that we offer a safe place

ACTIVITIES & RECREATION CENTER



829,251

recreation users,
2016-17 academic year

165

student
employees

126

open hours
per week

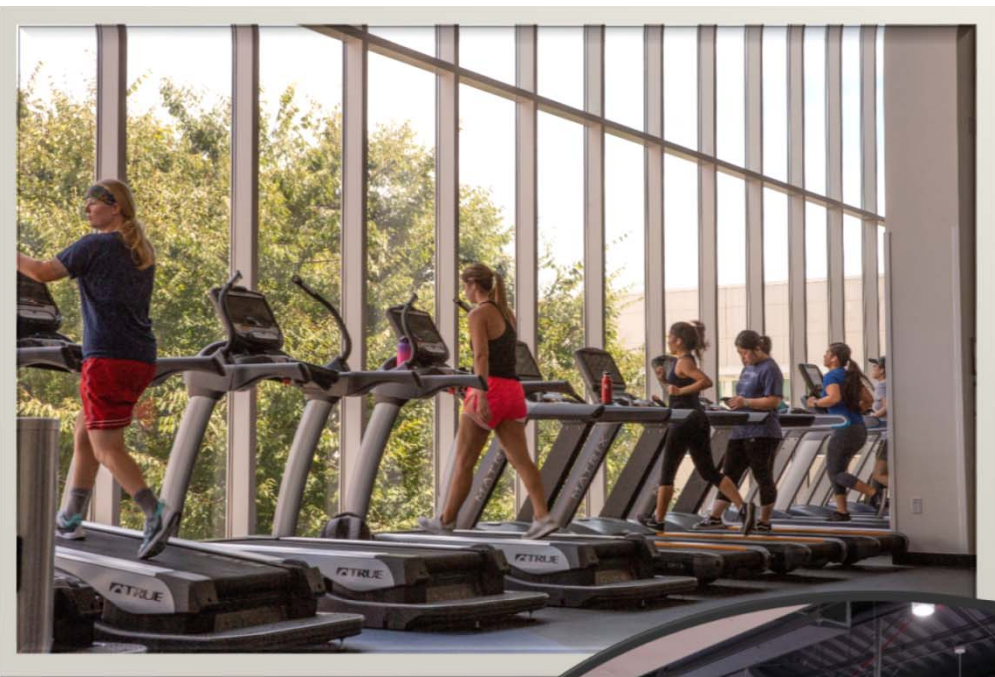
3

full-time
administrative staff

ARC Expansion by the Numbers:

- ✧ 41,100 expanded and/or renovated space
- ✧ 164 new strength machines, an increase from 10 to 20 racks, plus 15 insert platforms and six free-standing platforms
- ✧ 219 additional cardio pieces
- ✧ Outdoor Fit Yard for group exercise and strongman-style workouts
- ✧ Expanded cycling studio
- ✧ Expanded cardio loft with exterior views
- ✧ New day use lockers throughout the first and second levels
- ✧ Brand-new functional equipment including medicine balls, foam rollers, atlas stones, kettlebells, stability balls, sand bags, tires, sleds, Olympics bars, curl bars, additional dumbbells, weight plates, bumper plates, change plates, technique plates
- ✧ Additional personal fitness zones
- ✧ ADA features added to Gender Inclusive locker room
- ✧ Enhanced Wi-Fi, data and security









GROWTH

Year:	Swipes:
2016-17	786,000
2017-18	817,829
2018-19	829,251

March 27 – September 30*

2018	344,905
2019	376,749

*ARC opening

Increase: 31,844

EQUESTRIAN CENTER



14,297

center users

94

open hours per week

35

student employees

3.5

full-time staff

Programs & Services

Boarding
Hooves for Heroes
Guardian Angel
Riding Lessons
Club Sports

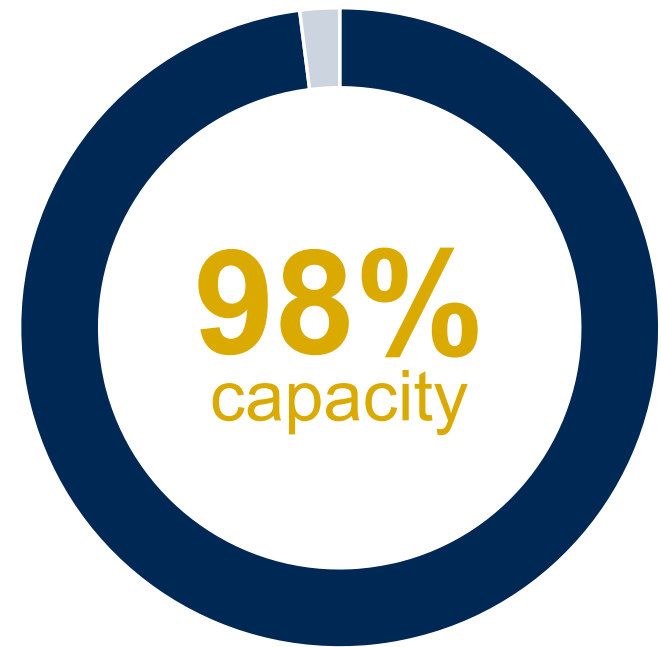
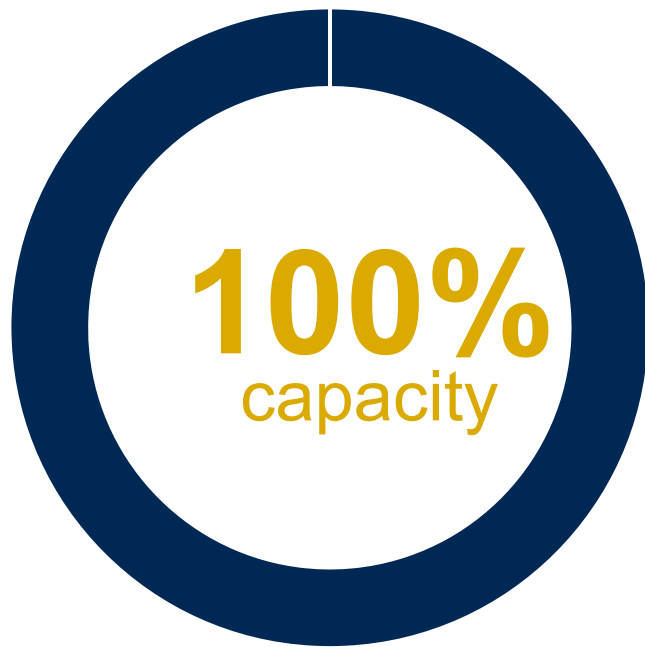
Partnerships

Veterans Success Center
Intercollegiate Athletics
Animal Science
Veterinary Medical Teaching Hospital



boarding

lessons



Inventory Available:

42 Stalls * 6 Stalls for Intake/Injury * 27 Pasture spaces * 300 Riding Lesson Spaces

Making a Difference in Students' Lives

Every time I am in a horseback, I feel a sense of confidence. Because I have **cardiac problems**, I cannot do much intense activities like running, so riding becomes one of my few exercises and is my favorite one. I have 20 units this quarter and I need to relax. Every time I ride a horse, I feel like I am charged and get the **courage to carry on my life especially in the academic field.**

Mental Health & Healing

Horseback riding has been therapeutic for me. I struggle with mild **depression and anxiety as a result of PTSD.** It's been a stress reducer and just generally fun. Moreover, I had to leave my dog behind for my studies and being able to interact with the horses has given me something to look forward too. Overall, it's allowed me to have **perspective** on my coursework and make sure that, even in the worst days, I will be able to refocus and having a designated hobby outside of coursework helps with discipline as well, and gives me a weekly rest. First, **stress relief is a major positive for me** as it **allows me to refocus.** Discipline in listening to a horse in a nonlinguistic way also provides more subtle communication skills.

Living Well



“The ARC represents the best of Davis – a place where persons of all backgrounds, all beliefs, all abilities, and all interests are welcomed and met with activities suitable to their individual and collective preferences, in a place without judgement” – Liam Honigsberg

150

student employees

35

contract instructors

3

full-time staff

Program Growth:

Small Group Training Participants 103 % * Group Exercise Classes 15% * Martial Arts 36%

Programs & Services

- Fitness Center Attendants
- Group Exercise Classes
- Personal Training
- Nutrition Services
- Series Classes
- Small Group Training
- Custom Fitness
- Work Strong
- Active Aggies Mobile Fitness
- ACE Certification Prep Course
- Certifications for students
- Healthy Aggies

Partnerships

- Student Health and Counseling Services
- Aggie Compass
- Student Housing
- Occupational Health/Healthy UC Davis
- UC Davis Fire Department



REC SPORTS



27,805

Participation swipes

9,161

participants

246

student employees

1

full-time staff

New Sports:

Beach Volleyball and eSports

Total Sports:

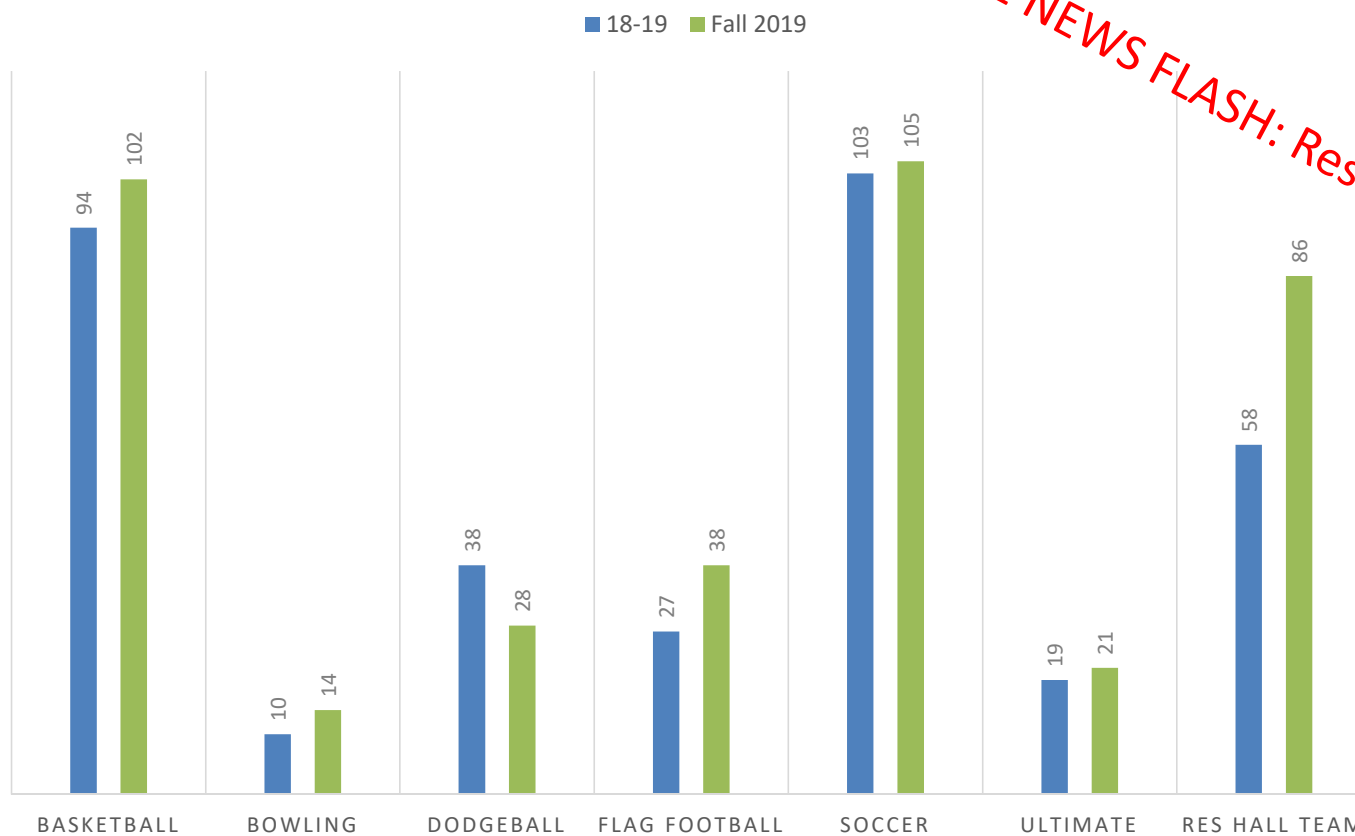
28

Tournament Sports:

10

FALL REC SPORTS GROWTH:

FIRST TIME NEWS FLASH: Res Hall Leagues Full!



Badminton & Futsal numbers still in progress.

SPORT CLUBS





1,952

student athletes

50

student employees

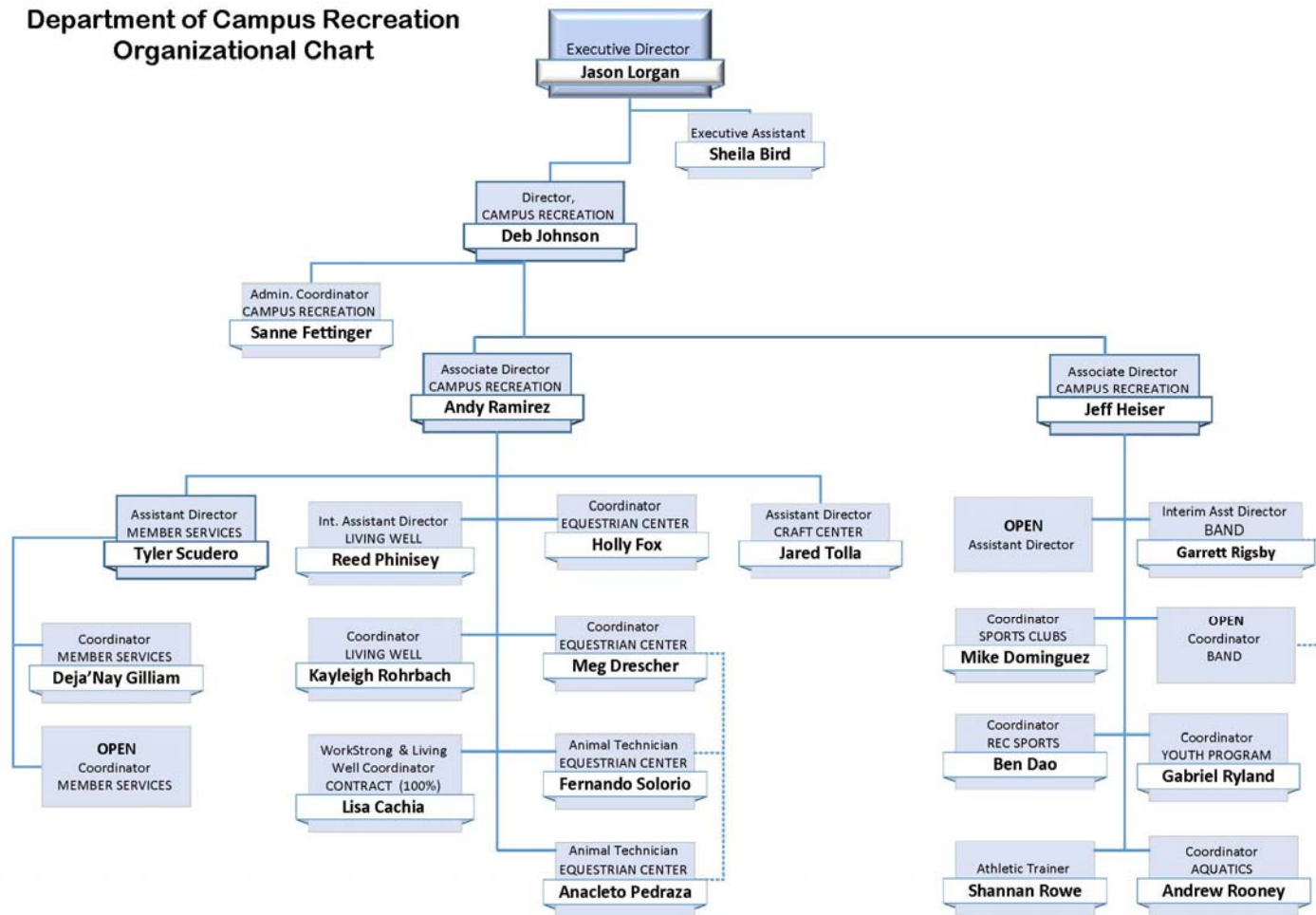
39

clubs

2

full-time staff

Department of Campus Recreation Organizational Chart



October 2019

Making a Difference in Students' Lives

“My participation in Women’s Rowing has significantly changed my college experience. At this time last year, I felt very out of place and was ready to transfer schools. I am so glad I gave Sport Clubs a try because it has not only widened my social circle, but also helped me mentally and physically deal with the stresses of college life.”

Mental Health & Healing

I joined UC Davis Judo for self-defense. I had a bad experience my first year as a transfer student with homophobic housing. I wanted to find a form of self-defense that was effective, and was taught in a space where I could be myself. I told the club members on my first day that I was gay and looking for self-defense. I was welcomed immediately. I trained hard and was pushed just like anyone else in the club. I’ve been a part of this club for about a year now. Having a background in Judo has given me the confidence to feel safe. I’ve seen an improvement in both my physical and mental health since joining. I found a family that supports me as an LGBT athlete. This team cares deeply about creating a safe environment.



**Campus Recreation
Campus Based Fees: FACE/LEEAP Fee
Financial Results FY 2018-19
Budget Summary FY 2019-20**

	2018-19 Actuals
Annual Fees	
FACE Fee	\$ 254.22
LEEAP Fee	\$ 253.84
Annual Revenue	
FACE Income	9,704,273
LEEAP Income	146,185
Total Fee Revenue	9,850,458
Interest Income	158,254
Total Revenue	10,008,712
Annual Expense	
Salaries & Benefits	
Career Staff	1,154,148
Student/Gen Staff	955,418
Benefits	611,082
Total Salaries and Benefits	2,720,648
Supplies & Services	
Campus Rec Programs	306,182
Admin, Finance, HR	17,703
Building Operations	1,659,665
	1,983,550
Total Operating Expenses	4,704,198
Debt Service Payments-ARC	2,644,083
Debt Service Payments-ARC Renovation	-
Total Debt Payments	2,644,083
Total Expense	7,348,281



Student Wages

838

student employees

\$2.6M

invested in
student payroll

\$1.2M

invested from
FACE/LEAP

- Yearly minimum wage increases until 2021, reaching \$15 per hour
- Without these funds, we would have to scale back services to students in the form of available hours or programming based on not being able to afford the additional payroll
- Possible scenario: reducing the ARC closing hour from midnight to 10p.m. and/or reducing weekend hours



COME AS YOU ARE

UCDAVIS
CAMPUS RECREATION