To me, “Come As You Are” conveys a greater sense of a non-judgmental community in which we value everyone’s individual talents, beliefs and ideas.

Cassidy Block, third-year Viticulture and Enology student
Desired Outcomes

• Goal is to welcome all students regardless of fitness level, skill level or body type
• Find a way to communicate that, though we are all different in one way or another, that does not diminish our importance or ability to participate
• Promote all types of wellness and fitness, including mental wellness and all programs (e.g. Band-Uh!, Equestrian and Crafts Center)
• Reach out to students who may have previously been intimidated to try new things or participate in recreation programs
• Design a message that resonates for all (especially the person who feels that this is for “everyone but me”) that we offer a safe place
829,251 recreation users, 2016-17 academic year

165 student employees

126 open hours per week

3 full-time administrative staff
ARC Expansion by the Numbers:

- 41,100 expanded and/or renovated space
- 164 new strength machines, an increase from 10 to 20 racks, plus 15 insert platforms and six free-standing platforms
- 219 additional cardio pieces
- Outdoor Fit Yard for group exercise and strongman-style workouts
- Expanded cycling studio
- Expanded cardio loft with exterior views
- New day use lockers throughout the first and second levels
- Brand-new functional equipment including medicine balls, foam rollers, atlas stones, kettlebells, stability balls, sand bags, tires, sleds, Olympics bars, curl bars, additional dumbbells, weight plates, bumper plates, change plates, technique plates
- Additional personal fitness zones
- ADA features added to Gender Inclusive locker room
- Enhanced Wi-Fi, data and security
Year:  Swipes:
2016-17  786,000
2017-18  817,829
2018-19  829,251

March 27 – September 30*
2018  344,905
2019  376,749

*ARC opening

Increase: 31,844
14,297
center users

94
open hours per week

35
student employees

3.5
full-time staff
Programs & Services

Boarding
Hooves for Heroes
Guardian Angel
Riding Lessons
Club Sports

Partnerships
Veterans Success Center
Intercollegiate Athletics
Animal Science
Veterinary Medical Teaching Hospital
Inventory Available:
42 Stalls * 6 Stalls for Intake/Injury * 27 Pasture spaces * 300 Riding Lesson Spaces

boarding:
100% capacity

lessons:
98% capacity
Every time I am in a horseback, I feel a sense of confidence. Because I have cardiac problems, I cannot do much intense activities like running, so riding becomes one of my few exercises and is my favorite one. I have 20 units this quarter and I need to relax. Every time I ride a horse, I feel like I am charged and get the courage to carry on my life especially in the academic field. Horseback riding has been therapeutic for me. I struggle with mild depression and anxiety as a result of PTSD. It’s been a stress reducer and just generally fun. Moreover, I had to leave my dog behind for my studies and being able to interact with the horses has given me something to look forward too. Overall, it’s allowed me to have perspective on my coursework and make sure that, even in the worst days, I will be able to refocus and having a designated hobby outside of coursework helps with discipline as well, and gives me a weekly rest. First, stress relief is a major positive for me as it allows me to refocus. Discipline in listening to a horse in a nonlinguistic way also provides more subtle communication skills.
Living Well
“The ARC represents the best of Davis – a place where persons of all backgrounds, all beliefs, all abilities, and all interests are welcomed and met with activities suitable to their individual and collective preferences, in a place without judgement” – Liam Honigsberg

Program Growth:
Small Group Training Participants 103 % * Group Exercise Classes 15% * Martial Arts 36%

150

student employees

35

contract instructors

3

full-time staff
Programs & Services

- Fitness Center Attendants
- Group Exercise Classes
- Personal Training
- Nutrition Services
- Series Classes
- Small Group Training
- Custom Fitness
- Work Strong
- Active Aggies Mobile Fitness
- ACE Certification Prep Course
- Certifications for students
- Healthy Aggies

Partnerships

- Student Health and Counseling Services
- Aggie Compass
- Student Housing
- Occupational Health/Healthy UC Davis
- UC Davis Fire Department
REC SPORTS
<table>
<thead>
<tr>
<th>Participation swipes</th>
<th>participants</th>
<th>student employees</th>
<th>full-time staff</th>
</tr>
</thead>
<tbody>
<tr>
<td>27,805</td>
<td>9,161</td>
<td>246</td>
<td>1</td>
</tr>
</tbody>
</table>

New Sports: Beach Volleyball and eSports

Total Sports: 28

Tournament Sports: 10
FALL REC SPORTS GROWTH:

BASKETBALL: 94 to 102
BOWLING: 10 to 14
DODGEBALL: 38 to 28
FLAG FOOTBALL: 27 to 38
SOCCER: 103 to 105
ULTIMATE: 19 to 21
RES HALL TEAM: 58 to 86

Badminton & Futsal numbers still in progress.

FIRST TIME NEWS FLASH: Res Hall Leagues Full!
SPORT CLUBS
<table>
<thead>
<tr>
<th>Count</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>1,952</td>
<td>student athletes</td>
</tr>
<tr>
<td>50</td>
<td>student employees</td>
</tr>
<tr>
<td>39</td>
<td>clubs</td>
</tr>
<tr>
<td>2</td>
<td>full-time staff</td>
</tr>
</tbody>
</table>
Making a Difference in Students’ Lives

“My participation in Women’s Rowing has significantly changed my college experience. At this time last year, I felt very out of place and was ready to transfer schools. I am so glad I gave Sport Clubs a try because it has not only widened my social circle, but also helped me mentally and physically deal with the stresses of college life.”

Mental Health & Healing

I joined UC Davis Judo for self-defense. I had a bad experience my first year as a transfer student with homophobic housing. I wanted to find a form of self-defense that was effective, and was taught in a space where I could be myself. I told the club members on my first day that I was gay and looking for self-defense. I was welcomed immediately. I trained hard and was pushed just like anyone else in the club. I’ve been a part of this club for about a year now. Having a background in Judo has given me the confidence to feel safe. I’ve seen an improvement in both my physical and mental health since joining. I found a family that supports me as an LGBT athlete. This team cares deeply about creating a safe environment.
### Campus Recreation

**Campus Based Fees: FACE/LEEAP Fee**

**Financial Results FY 2018-19**

**Budget Summary FY 2019-20**

<table>
<thead>
<tr>
<th></th>
<th>2018-19</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Actuals</strong></td>
</tr>
<tr>
<td><strong>Annual Fees</strong></td>
<td></td>
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<tr>
<td>FACE Fee</td>
<td>$254.22</td>
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<tr>
<td>LEEAP Fee</td>
<td>$253.64</td>
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<tr>
<td><strong>Annual Revenue</strong></td>
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</tr>
<tr>
<td>FACE Income</td>
<td>9,704,273</td>
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<tr>
<td>LEEAP Income</td>
<td>146,185</td>
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<tr>
<td><strong>Total Fee Revenue</strong></td>
<td>9,850,458</td>
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<tr>
<td>Interest income</td>
<td>$158,254</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td>10,008,712</td>
</tr>
</tbody>
</table>

|                      |              |
| **Annual Expense**   |              |
| Salaries & Benefits  |              |
| Career Staff         | 1,154,148    |
| Student/Gen Staff    | 955,418      |
| Benefits             | 611,062      |
| **Total Salaries and Benefits** | 2,720,628 |
| Supplies & Services  |              |
| Campus Rec Programs  | 306,152      |
| Admin, Finance, HR   | 17,703       |
| Building Operations  | 1,659,665    |
| **Total Operating Expenses** | 4,704,198 |
| Debt Service Payments-ARC | 2,644,083 |
| **Total Debt Payments** | 2,644,083 |
| **Total Expense**    | 7,348,281    |
Student Wages

838 student employees

$2.6M invested in student payroll

$1.2M invested from FACE/LEAP

- Yearly minimum wage increases until 2021, reaching $15 per hour
- Without these funds, we would have to scale back services to students in the form of available hours or programming based on not being able to afford the additional payroll
- Possible scenario: reducing the ARC closing hour from midnight to 10p.m. and/or reducing weekend hours