

# UC DAVIS

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## STUDENT HEALTH AND COUNSELING SERVICES



**North Hall**

Dedicated to  
a Healthy  
Student Body

**Council on Student Affairs and Fees  
Friday, January 10, 2020**



**Student Health and Wellness Center**

71,800 patient/client visits  
in school year 2018-19

Clinical Services  
available in the  
Student Health and  
Wellness Center

Sports Medicine  
Pharmacy  
X-Ray  
Neurology  
Urgent Care  
Behavioral Health  
Acupuncture  
Endocrinology  
Primary Care  
Lab  
Psychiatry  
Optometry  
Dietician  
Podiatry  
Physical Therapy  
Gynecology

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# MEDICAL SERVICES

43%

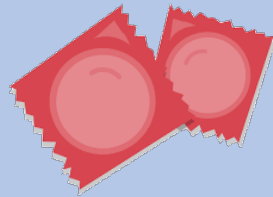
of UCD students utilized  
Health Services last year



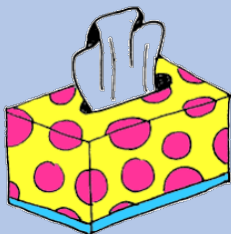
## Top reasons for an appointment



Immunization



Sexually Transmitted  
Infection Screening



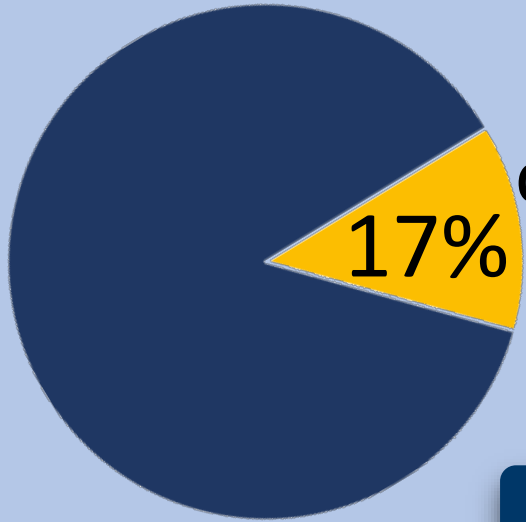
Cough/ Cold/ Flu



Mental Health  
Needs

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# COUNSELING SERVICES



of UCD students utilized  
Mental Health Services last year

EACH  
AGGIE  
MATTERS

A Part of California's  
Mental Health Movement

## Top reasons for an appointment



Anxiety



Depression



Stress



Academic Concern



Relationship Issue

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# HEALTH PROMOTION



> 90,000 condoms  
provided last year

*HEP leverages a dynamic  
public health approach  
to foster and build  
environments, institutional  
practices and a campus  
culture that promotes  
student success  
and life-long well-being.*

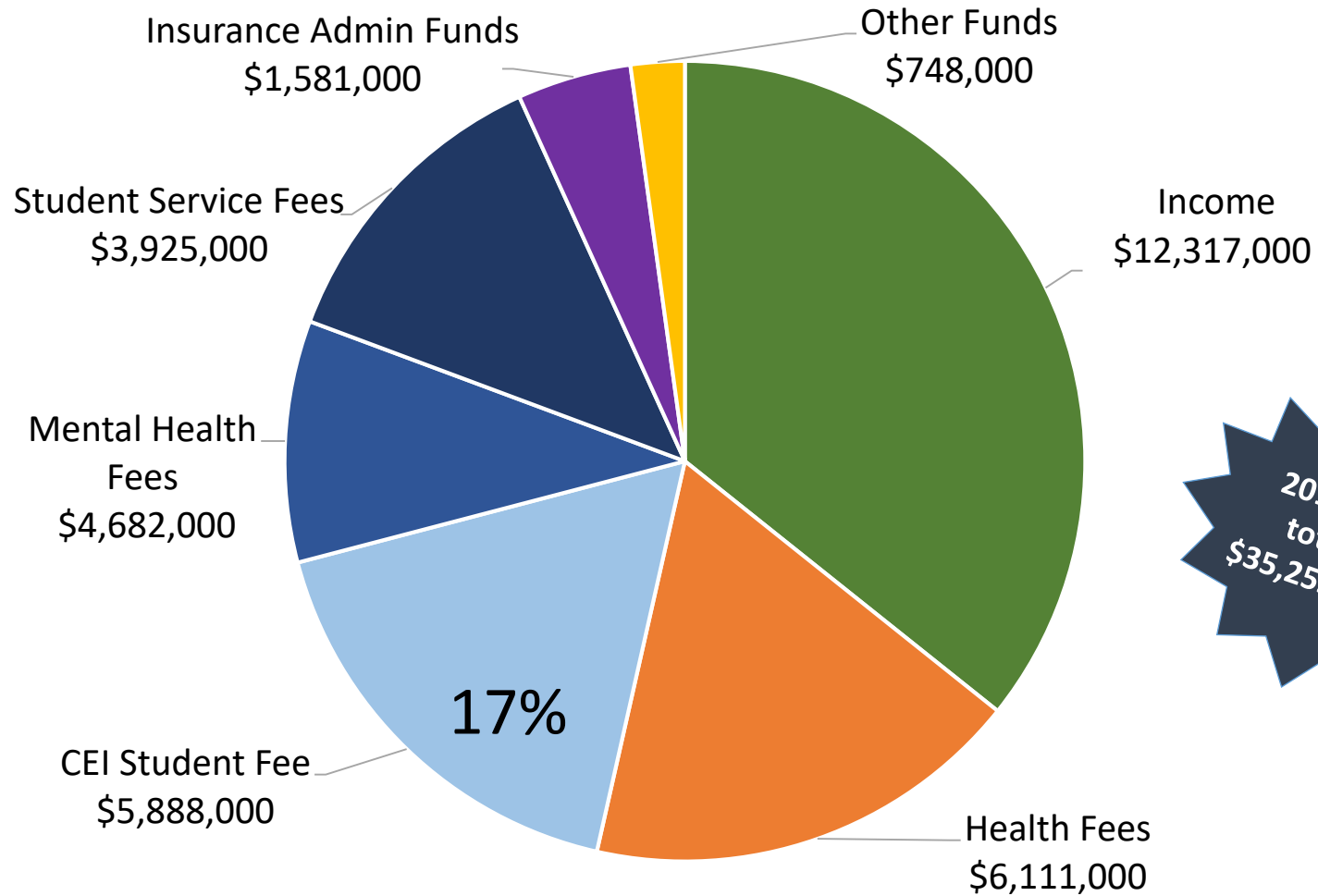


Student Volunteers



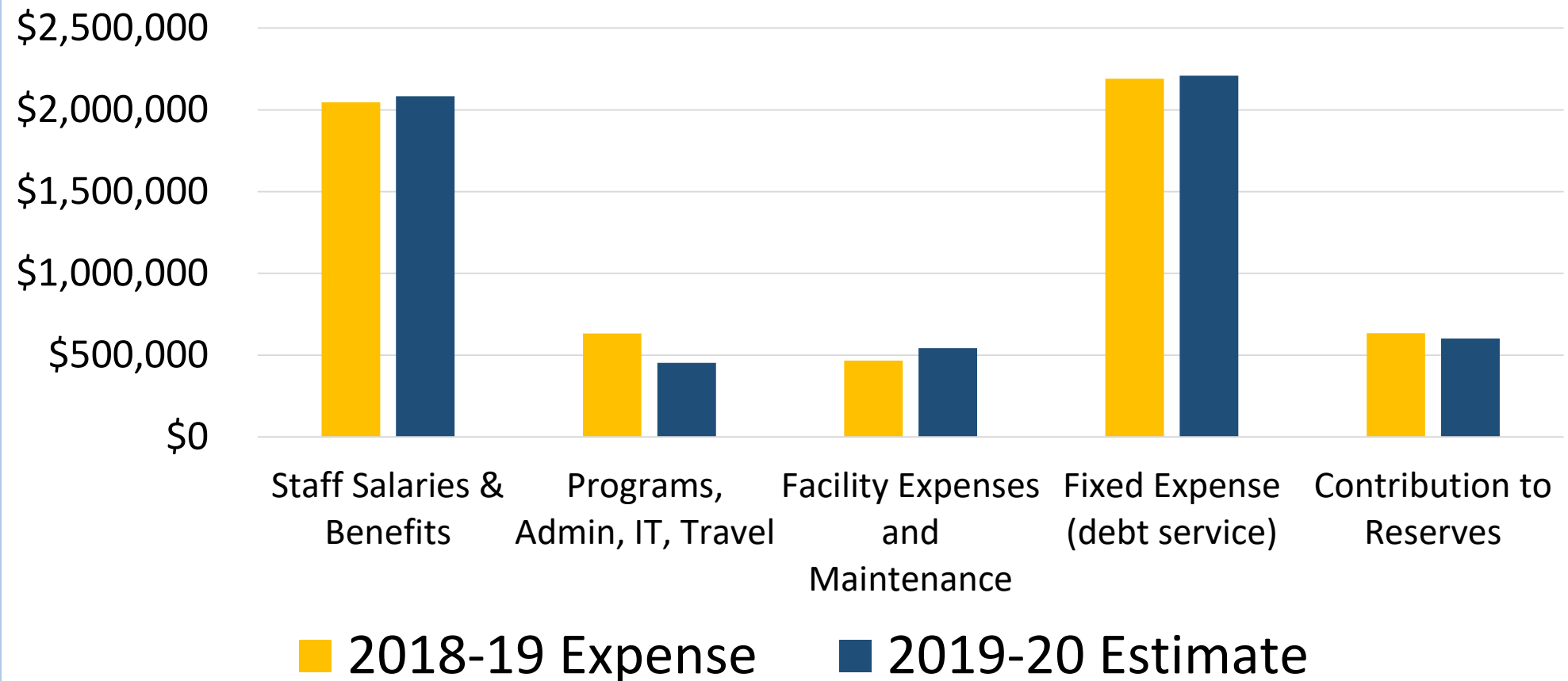
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# Sources of Funds 2019-20



2019-20  
total:  
\$35,252,000

# CEI Expenses







# 2018-19 Update

- Free menstrual supplies (tampons and pads) available at all 8 public restrooms in the Student Health & Wellness Center
  - Costs less than \$5000 annually
- Replaced aging lab analyzers

**5% of UCD students who menstruate reported that in the last 12 months they missed class, work, or received a lower grade on an assignment or exam because they didn't have access to menstrual products.**

-National College Health Assessment, Spring 2019

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# Changes in 2019-20

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INFORMATION  
SYSTEMS GROUP

- SHCS ISG now reports to UCD IET Chief Information Security Officer
- Departmental expenses continue to be funded by CEI
- Department remains on site to support clinicians and staff



# Project starting 2019-20



- Gynecological Services added to specialists available at the Student Health and Wellness Center
- Equipment funded through CEI
  - Ultrasound machine upgrade
  - Preparations for SB24 requirements
  - Expands range of sexual health services

# Planning for Future CEI Expenses

## Inventory Planning

- 5 year cycle to better predict expenditures and contributions to reserves
- Approximately \$135,000 per year
- Includes computers, lab equipment, refrigerators, etc
- Taking into account:
  - Equipment warranties
  - Software subscriptions

