Student Health and Wellness Center

Dedicated to a Healthy Student Body

Council on Student Affairs and Fees
Friday, January 10, 2020
43% of UCD students utilized Health Services last year.

Top reasons for an appointment:
- Immunization
- Sexually Transmitted Infection Screening
- Cough/ Cold/ Flu
- Mental Health Needs
COUNSELING SERVICES

Of UCD students utilized Mental Health Services last year: 17%

Top reasons for an appointment:
- Anxiety
- Depression
- Stress
- Academic Concern
- Relationship Issue
HEALTH PROMOTION

HEP leverages a dynamic public health approach to foster and build environments, institutional practices and a campus culture that promotes student success and life-long well-being.

> 90,000 condoms provided last year

Student Volunteers
Sources of Funds 2019-20

Income $12,317,000

Health Fees $6,111,000
CEI Student Fee $5,888,000
Mental Health Fees $4,682,000
Student Service Fees $3,925,000
Insurance Admin Funds $1,581,000
Other Funds $748,000

17%
CEI Expenses

2018-19 Expense
2019-20 Estimate
2018-19 Update

• Free menstrual supplies (tampons and pads) available at all 8 public restrooms in the Student Health & Wellness Center
  • Costs less than $5000 annually
  • Replaced aging lab analyzers

5% of UCD students who menstruate reported that in the last 12 months they missed class, work, or received a lower grade on an assignment or exam because they didn’t have access to menstrual products.

-National College Health Assessment, Spring 2019
Changes in 2019-20

- SHCS ISG now reports to UCD IET Chief Information Security Officer
- Departmental expenses continue to be funded by CEI
- Department remains on site to support clinicians and staff
Project starting 2019-20

- Gynecological Services added to specialists available at the Student Health and Wellness Center
- Equipment funded through CEI
  - Ultrasound machine upgrade
  - Preparations for SB24 requirements
  - Expands range of sexual health services
Inventory Planning
• 5 year cycle to better predict expenditures and contributions to reserves
• Approximately $135,000 per year
• Includes computers, lab equipment, refrigerators, etc
• Taking into account:
  • Equipment warranties
  • Software subscriptions

Planning for Future CEI Expenses

- 2019
  • Exam Room PCs
  • Disk Arrays
  • Virtual Host

- 2020
  • Staff PCs
  • Laptops

- 2021
  • Servers
  • UPS