

COSAF 21-22: Aggies for Recovery Proposal Presentation



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Total Budget and Amount Requested from COSAF

Total Budget - \$10,000

Amount Requested - \$9,500

		Total Amount Requested from COSAF:	\$ 9,500.00
OTHER FUNDING SOURCES: Income, ASUCD, Dept & Club Contributions			
1.	Income/Club Contributions	\$	500.00
2.		\$	
3.		\$	
4.		\$	500.00
BUDGET SUMMARY			
		Please Enter Total Event/Program Budget:	\$ 10,000.00
		Less Other Fund Sources:	\$ 500.00
		Less Amount Requested from COSAF:	\$ 9,500.00
		Balance (if any):	\$ 0.00

Adjusting to In-Person

- ★ De-stress For Success (Fall)
- ★ Recovery Speaker Jam (Winter)
- ★ Recovery Carnival (Spring)



De-Stress for SUCCESS

Thursday, March 15 • 9–11 PM
Shields Library, Instruction Room

Free study snacks!
First 100 visitors receive a scantron!
10 care baskets raffled every 15 minutes!

Join us for **FREE** study snacks, giveaways and activities to help you take a break from studying.

Coloring stations, board games and meditation will be available to help you de-stress before finals!

THURSDAY, 15 MARCH 2018 FROM 21:00 PDT-23:00 PDT

De-Stress for Success
Free • UC Davis Library



We are anticipating that all three events will occur in-person, on campus which we have accounted for in our budget on our application.

Marketing

Social Media



Alliances with other student mental health organizations

- ❖ UC Davis Mental Health Initiative
- ❖ Student Mental Health Coalition

Health Education and Promotion (HEP)

Association of Recovery in Higher Education (ARHE)



How do these events compliment or partner with existing programs?

In the past, we have partnered with HEP for our De-stress for Success event in the Fall as well as the carnival.

We have also worked with the Mental Health Initiative (MHI) to promote mental health awareness and recovery awareness.

These events educate the UC Davis campus about recovery resources and promote the collegiate recovery program.

Questions for Us?

