



# Know Your Strengths for Graduate Students

Council on Student Affairs and Fees  
Student Programming Fund Proposal

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## Program Information

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- 2 CliftonStrengths workshops per quarter (25 participants each)
  - ◆ 150 graduate students total recruited through GSA, GradPathways, and Grad Coordinator listservs
  - ◆ Led by Career Center certified CliftonStrengths coaches
- Funding = \$5,250 total:
  - ◆ \$25 per code = \$3,750
  - ◆ Light refreshments (\$10/person) = \$1,500
  - ◆ Career Center coaches time provided in kind
  - ◆ South Hall 114 provided in kind



## CliftonStrengths

“What will happen when we think about what is right with people rather than fixating on what is wrong with them?”

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### Executing

People with dominant Executing themes make things happen.

Achiever	Discipline
Arranger	Focus
Belief	Responsibility
Consistency	Restorative
Deliberative	

### Influencing

People with dominant Influencing themes take charge, speak up and make sure others are heard.

Activator	Self-Assurance
Command	Significance
Communication	Woo
Competition	
Maximizer	

### Relationship Building

People with dominant Relationship Building themes build strong relationships that hold a team together and make it greater than the sum of its parts.

Adaptability	Includer
Connectedness	Individualization
Developer	Positivity
Empathy	Relator
Harmony	

### Strategic Thinking

People with dominant Strategic Thinking themes absorb and analyze information that informs better decisions.

Analytical	Intellection
Context	Learner
Futuristic	Strategic
Ideation	
Input	

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## Program Benefits

- **Self-Awareness:** Gain insights into your natural talents and leverage them in life.
- **Career Development:** Align your career with your strengths for job satisfaction and success.
- **Improved Relationships:** Enhance teamwork and communication by appreciating each other's talents.
- **Personal Growth:** Develop your strengths for continuous growth.
- **Increased Confidence:** Boost confidence and approach challenges positively.

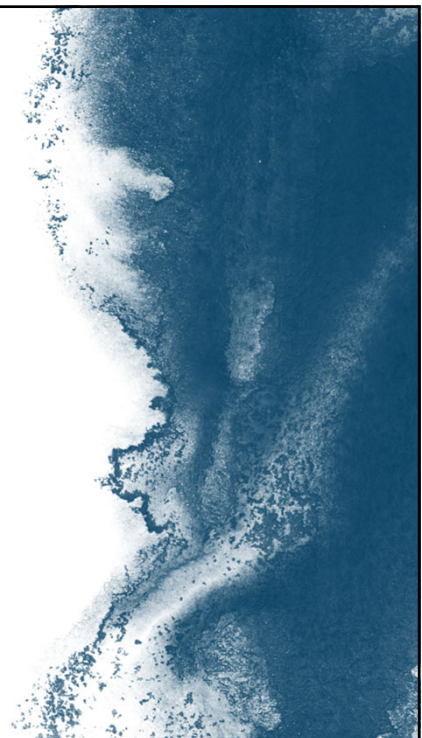
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## Why Grad Students?

- **Resource Gap:** Workshops funded by COSAF offer opportunity to engage with CliftonStrengths for those who otherwise would not have access.
  - ◆ Less resources and tailored content available specifically for graduate students.
  - ◆ First-generation and underrepresented students could benefit most.
- **Career Impact:** Knowing strengths is invaluable, especially for non-academic career paths.
  - ◆ About 90% of PhD students will obtain non-academic careers.
- **Professional Development:** Widely used for Student Affairs staff and pilot with postdocs was successful.

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**Thank you!**

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