# Application No. SP058

### Q1. Applicant Information

Name (first and last)	Shantille Connolly		
Email address	shathompson@ucdavis.edu		
Phone number (xxx) xxx-xxxx	5307529651		
Name of Department/ Unit/ Student Organization	Health Education and Promotion		
What is your role or position within the Department/ Unit/ Student Organization?	Health Promotion Specialist		

#### Q2. Event/ Program Information

Name of the Event/ Program	Thriving in Graduate School Community Gatherings	
Date(s) of Event (include the year; must take place in 2024-25 academic schoole year)	09/2024-06/2025	
Location	UC Davis	
Estimated # of UC Davis students that will attend/ benefit from program	450	
TOTAL event/ program budget (\$x,xxx)		
Funding request amount from COSAF (Student Programming Fund) (\$x,xxx)		

#### Q3. Please provide a detailed description and purpose of the event/ program.

Thriving in Graduate School (grad.ucdavis.edu/thriving-graduate-school) aims to improve graduate students' well-being. A major component of this program is to provide experiences for graduate students to build community, especially with students outside of their graduate programs. In the 2022-2023 academic year, we hosted 15 community gathering events and students shared that they would like to have more opportunities to informally gather and connect with their peers. Some examples of the community gathering events include: bowling at the MU Games, walking the Arboretum, a meet and greet with a representative from a campus resource like Aggie Compass, coloring, etc. Students shared that having a dedicated space to connect with other students helped them feel more comfortable meeting new people and less alone in their graduate studies. We'd like to provide more opportunities for graduate students to connect and empower graduate students to plan their own events, but need additional funding to support this program.

### Q4. How will the requested funds be utilized to support this event/ program?

The funding will be used in two ways: 1) Health Education and Promotion staff will expand the current community gathering series to reach more students (example: we had to limit the bowling event to 24 students but had nearly 40 students on the waitlist. Additional funding would allow more students to engage with our events and host more events). 2) Graduate students will be able to apply for small grants to host their own community gathering events as part of the Thriving in Graduate School program.

#### Q5. Please enter estimated attendance for the following groups.

Staff	2		
Faculty			
UC Davis Students	450		
Other (please specify and include			
number)			
Q6. Who is the target audiend specific service)	ce of the event/ program? (	e.g. students, program participants, users	of a
Graduate students enrolled in the Thriv 2023-2024.	ing in Graduate School program. Th	nere were 400 students enrolled in 2022-2023 and we a	uiming to enroll 500 fo
		(e.g. six-week training program, instructio dents to new ideas and experiences)	nal class or
The community building events are a m	ix of structured and unstructured ev	rents that encourage students to take a break from their	day to engage with
their peers in a non-academic setting.			
OR What will be learned? (i.e.	a acquired knowledge, skill	s or abilities, a new awareness/ sensitivity	ul.
perspective, an adopted prac		s of abilities, a flew awarefless/ sensitivity	yı
Community building events primarily a	m to build social connection among	graduate students and increase students' awareness o	f campus resources
	e and students can share their expe	rience utilizing each resource, if they are comfortable.	
•	·		
Q9. How will the learning be scourse material, change in be		rning look like? (e.g. demonstrated knowl ask achieved)	ledge of
		w resource and likelihood of using the resource. Additiodents, impacted their stress, and other measures of we	
Q10. How does the event/ pro	ogram provide services that	t are of growing interest to students? (if a	pplicable)

so providing opportunities for them to meet stu	dents from other programs is essential.					
Thriving in Graduate School events focus o	n foster diversity, equity, and inclusion? (if applicable) on campus resources directly related to diversity, equity and inclusion and opens up conversations for students. Additionally, we aim to center the students' experience by inviting students to lead events and be featured in					
Q12. How does the event/ program	n provide crucial services to students? (if applicable)					
Social connection is crucial to graduate studer can be essential to their academic success, like	nts' well-being and success at UC Davis. Additionally, these events connect students with resources that the Student Disability Center.					
Q13. Has your Department/ Unit/ S  • Yes  • No  • Uncertain	Student Organization put on this event in the past?					
Q14. Please provide the following information on the previous event(s).						
Event date(s) (Month(s)/ Date(s) / Year)	2022-2023					
Location	Mostly Walker Hall					
Total attendance	200 over a series of events					
Q15. How was the success of the	event measured?					
Event attendance and feedback - The bigg	est indicator of success was students returning on a weekly basis.					

Graduate students are eager to build a community and learn about resources available to them. Graduate students can often be siloed in their programs,

## FUNDING AMOUNT REQUESTED FROM COSAF | 2024-25

Name of Event/Program:

Thriving in Graduate School

Name of Department/Unit/Student Organization:

Health Education and Promotion Program Date(s): 2024-2025

	ITEM		ESTIMATED COST	SUB-TOTAL
FACIL	LITY: Room Rental, Room Set-Up, Equipment Rental, Audio/Video			
1.	Quarterly event at MU Games	\$	1,000.00	
2.		\$		
3.		\$		
4.		\$		
5.		\$		
6.		\$		\$ 1,000.00
FOO	D: Refreshments, Breakfast, Lunch, Dinner (include estimated cost per person	)		
7.	Lunch for 9 events (3 per quarter, \$10/person)	\$	3,000.00	
8.		\$		
9.		\$		
10.		\$		
11.		\$		
12.		\$		\$ 3,000.00
PERF	ORMERS, GUEST SPEAKERS, HONORARIA			
13.		\$		
14.		\$		
15.		\$		
16.		\$		
17.		\$		
18.		\$		\$ 0.00
PUBL	ICITY/MARKETING: Flyers, Posters, Advertising, Mailing, Printing			
19.		\$		
20.		\$		
21.		\$		
22.		\$		
23.		\$		
24.		\$		\$ 0.00
SUPP	LIES: Decorations, Online Tools, Software, Licenses			
25.	Mini grants for students to host their own community gathering events	\$	2,000.00	
26.		\$		
27.		\$		
28.		\$		
29.		\$		
30.		\$		\$ 2,000.00
TRAV	<b>/EL:</b> Transportation, Parking, Lodging			
31.		\$		
32.		\$		
33.		\$		
34.		\$		
35.		\$		
36.		\$		\$ 0.00
			Total Amount Requested from COSAF:	\$ 6,000.00
OTHE	R FUNDING SOURCES: Income, ASUCD, Dept & Club Contributions			
1.		\$		
2.		\$	-	
3.		\$		
4.		\$		\$ 0.00
BUD	DGET SUMMARY			
	Please Enter <b>Total</b> Event/Program Budget:		0.00	
	Less Other Fund Sources:			
	Less Amount Requested from COSAF: Balance (if any):			
	Datafice (II dily):	Ş	-0,000.00	