

Application No. SP061

Q1. Applicant Information

Name (first and last)	Raeann Bowlds
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Name of Department/ Unit/ Student Organization	Health Education and Promotion
What is your role or position within the Department/ Unit/ Student Organization?	Director

Q2. Event/ Program Information

Name of the Event/ Program	Well-being Event/Program Series: building connection among student communities
Date(s) of Event (include the year; must take place in 2024-25 academic school year)	To be determined by each participating center, 2024-25
Location	To be determined by each participating center
Estimated # of UC Davis students that will attend/ benefit from program	1000+
TOTAL event/ program budget (\$x,xxx)	7,000
Funding request amount from COSAF (Student Programming Fund) (\$x,xxx)	3,600

Q3. Please provide a detailed description and purpose of the event/ program.

Purpose: The well-being event/program series will (1) provide opportunities for students to connect, (2) foster a sense of belonging, and (3) raise awareness about well-being resources/topics. The overarching goal is to carry out this purpose specifically among students and communities experiencing marginalization. Background: This proposal builds off an existing grant and therefore some background information is required to fully understand our purpose. We are currently implementing a DEI Vision Grant during the 2023 - 2024 academic year. This funding allows us to work with Participating Identity and Resource Centers (PIRCs) to conduct needs assessments on what the community would like to meet their well-being needs. For the purposes of this proposal, Participating Identity and Resource Centers (PIRCs) include the Community Resource and Retention Centers, the Academic Retention Initiatives, and other centers that serve students experiencing marginalization (e.g., Veterans Success Center, Student Disability Center, and Services for International Students). Prior to implementing the DEI Vision grant, we received buy-in from over 10 PIRCs on campus. This current proposal would use the information gained in the 2023 - 2024 academic year to determine the events/programs each PIRC would like to host. We would then partner with each PIRC Student Liaison (a student employed or volunteering with each PIRC), to carry out the Well-Being Event/Program series.

Q4. How will the requested funds be utilized to support this event/ program?

The funds will be utilized to create a space for students to be in community with those who share identity. The funds will be used for all event/program costs, including general supplies, food, and marketing/promotional materials. Note: event space is not included, since campus space can often be cost-prohibitive and our department will help students identify a low cost or no cost space for their event.

Q5. Please enter estimated attendance for the following groups.

Staff	<input type="text" value="20 - 50"/>
Faculty	<input type="text" value="0 - 12"/>
UC Davis Students	<input type="text" value="360 - 1,200: 12 events (1 per participating center) or 360 - 1,200 students (this number may vary greatly depending on the event and desired audience; some events may intentionally be more intimate, while others may seek to serve a larger audience)"/>
Other (please specify and include number)	<input type="text"/>

Q6. Who is the target audience of the event/ program? (e.g. students, program participants, users of a specific service)

The students served by each PIRC: AB540 and Undocumented Student Center Cross Cultural Center Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual Resource Center Middle Eastern North African and South Asian Student Recruitment and Retention Center Women's Resources and Research Center Strategic African American Retention Initiative Strategic Asian and Pacific Islander Retention Initiative Strategic Chicanx/Latinx Retention Initiative Strategic Native American Retention Initiative Services for International Students Veterans Success Center Student Disability Center

Q7. What program, activity, or service will be provided? (e.g. six-week training program, instructional class or activity, structured community program that exposes students to new ideas and experiences)

An event/program where students can connect with each other, be in a space where their identity is shared, and learn about well-being resources and topics.

Q8. What will be learned? (i.e. acquired knowledge, skills or abilities, a new awareness/ sensitivity/ perspective, an adopted practice)

The Student Liaison will choose a well-being topic that is important to, and resonates with, their community. This may include knowledge, skills or awareness of well-being topics/resources.

Q9. How will the learning be shown or what does the learning look like? (e.g. demonstrated knowledge of course material, change in behavior, a practiced skill, a task achieved)

All participants will be asked to fill out a short questionnaire after the event/program to evaluate. One of our main measures (aside from asking about knowledge/skills pertaining to the well-being topic) will be around connection, as data shows students are more isolated than ever (in addition to the US Surgeon General releasing an advisory on our epidemic of isolation and loneliness). This connection measure will also ask about the impact of being in a shared space with others who share identity. We know from research students are more willing to receive and utilize well-being information/resources when they hear about it from someone who shares their identity.

Q10. How does the event/ program provide services that are of growing interest to students? (if applicable)

Mental Health and Well-being are of growing interest to students + a dire need. Additionally, PIRCs may be limited by financial resources and/or their staff/students may be at capacity. We hope this project will provide financial resources and logistical support to under-resourced centers on campus. Building connections, especially among other students with shared identity, has always been important, and may be more important than ever given the current state of mental health among our students.

Q11. How does the event/ program foster diversity, equity, and inclusion? (if applicable)

This well-being event/program series will specifically work with centers who serve students experiencing marginalization. We must go to these communities to know their needs; they know what will best benefit the students they serve. In partnership with Health Education and Promotion (at Student Health and Counseling Services), we can increase access to these student communities, address barriers facing various student communities, and ultimately positively impact health equity.

Q12. How does the event/ program provide crucial services to students? (if applicable)

Well-being and mental health are crucial to student success.

Q13. Has your Department/ Unit/ Student Organization put on this event in the past?

- Yes
- No
- Uncertain

Q14. Please provide the following information on the previous event(s).

Event date(s) (Month(s)/ Date(s) / Year)	Varied
Location	Varied
Total attendance	500

Q15. How was the success of the event measured?

Our department implemented a similar program last academic year, though we have not implemented this exact event series. We provided ten \$200 mini-grants to Registered Student Organizations to be able to host substance-free programming on Thurs, Fri and Saturday nights. This provided us the opportunity to implement the infrastructure proposed for this project, e.g., working with student entities to fund their event/program. The logistics ran smoothly and we hope to be able to use the model with participating resource centers. Both RSO Event Coordinators, and event attendees filled out a post-event questionnaire. 98.8% of participants agreed that the event made them feel more connected to UC Davis and their peers. Quotes: "I liked that we got to socialize over snacks and have a sense of community." "I loved this event!! I hope we can have other social events funded!" "It was just a very good atmosphere, though not everyone knew one another everyone was friendly and genuinely excited to participate." "Funding these programs helps create social opportunities with peers that can be difficult to find for less social individuals", "I think it's great to have these events, especially for freshman living on campus. It's hard to make friends in class so this can be fun." "This opportunity allowed me to see what the UC Davis community is really about. Events like these are why I love this school and community"

FUNDING AMOUNT REQUESTED FROM COSAF | 2024-25

Name of Event/Program:

Well-being Event/Program Series: building connection among student communities

Name of Department/Unit/Student Organization:

SHCS Health Education and Promotion

Program Date(s): **2024-25** As determined by participating centers

ITEM	ESTIMATED COST	SUB-TOTAL
FACILITY: Room Rental, Room Set-Up, Equipment Rental, Audio/Video		
1.	\$ _____	
2.	\$ _____	
3.	\$ _____	
4.	\$ _____	
5.	\$ _____	
6.	\$ _____	\$ 0.00
FOOD: Refreshments, Breakfast, Lunch, Dinner (include estimated cost per person)		
7.	\$150 for each center (12)	\$ 1,800.00
8.	\$ _____	
9.	\$ _____	
10.	\$ _____	
11.	\$ _____	
12.	\$ _____	\$ 1,800.00
PERFORMERS, GUEST SPEAKERS, HONORARIA		
13.	\$ _____	
14.	\$ _____	
15.	\$ _____	
16.	\$ _____	
17.	\$ _____	
18.	\$ _____	\$ 0.00
PUBLICITY/MARKETING: Flyers, Posters, Advertising, Mailing, Printing		
19.	\$50 for each center (12)	\$ 600.00
20.	\$ _____	
21.	\$ _____	
22.	\$ _____	
23.	\$ _____	
24.	\$ _____	\$ 600.00
SUPPLIES: Decorations, Online Tools, Software, Licenses		
25.	\$100 for each center (12)	\$ 1,200.00
26.	\$ _____	
27.	\$ _____	
28.	\$ _____	
29.	\$ _____	
30.	\$ _____	\$ 1,200.00
TRAVEL: Transportation, Parking, Lodging		
31.	\$ _____	
32.	\$ _____	
33.	\$ _____	
34.	\$ _____	
35.	\$ _____	
36.	\$ _____	\$ 0.00

Total Amount Requested from COSAF: \$ 3,600.00

OTHER FUNDING SOURCES: Income, ASUCD, Dept & Club Contributions		
1.	Health Education and Promotion (staff, well-being supplies/resources)	\$ 3,000.00
2.	_____	\$ _____
3.	_____	\$ _____
4.	_____	\$ 3,000.00

BUDGET SUMMARY

Please Enter Total Event/Program Budget:	\$ <u>6,600.00</u>
Less Other Fund Sources:	\$ <u>3,000.00</u>
Less Amount Requested from COSAF:	\$ <u>3,600.00</u>
Balance (if any):	\$ <u>0.00</u>