




Building Connection Among Student Communities

Well-being Event/Program Series

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Purpose

Connection
Sense of belonging
Awareness of resources

Specifically among students and communities experiencing marginalization

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Background

Building on 2023 - 2024 Initiatives

Health Education and Promotion received a one year DEI Vision grant to work with Participating Identity-based and Resource Centers (PIRCs)

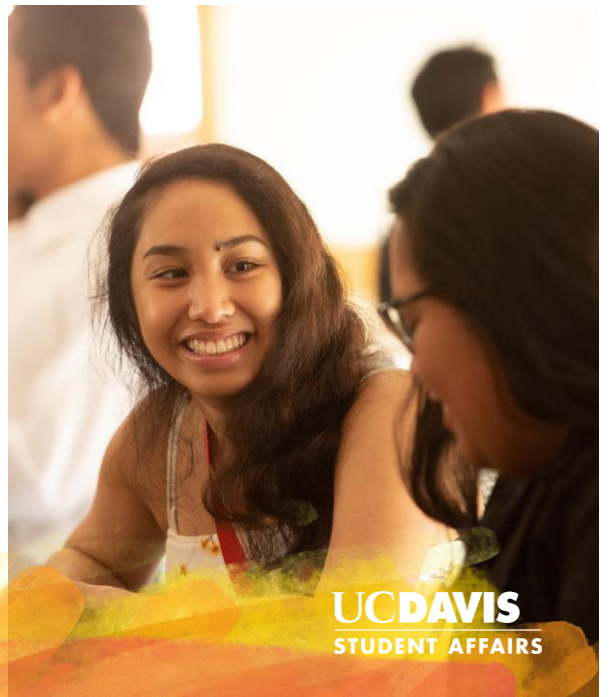
- Established trust and relationships
- Worked with 'Student Wellness Liaisons'
- Identified well-being needs and opportunities



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PIRCs

- AB540 and Undocumented Student Center
- Cross Cultural Center
- LGBTQIA+ Resource Center
- MENASA
- Women's Resources and Research Center
- Strategic African American Retention Initiative
- Strategic Chicana/Latinx Retention Initiative
- Services for International Students
- Student Disability Center
- Veterans Student Success Center
- Strategic Asian and Pacific Islander Retention Initiative
- Strategic Native American Retention Initiative
- Student Recruitment and Retention Center



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The Program/Activity

What will be learned?

An event/program where students can connect with each other in a space where identity is shared, and learn about well-being resources and topics

- The student partnering with us, from each center, will choose the well-being topic that is important to, and resonates with, their community.
- All participants will be asked to fill out a short questionnaire after the program/event/activity



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Providing Services of Growing Interest to Students

Mental Health and Well-being are of growing interest to students + a dire need

PIRCs may be limited by financial resources and/or their staff/students may be at capacity

This project will provide financial resources and logistical support to under-resourced centers on campus.

Building connections has always been important, and may be more important than ever given the current state of mental health among our students.

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A Successful Example

An event series with RSOs

Purpose: To provide RSOs with funding to host social events without the need for alcohol

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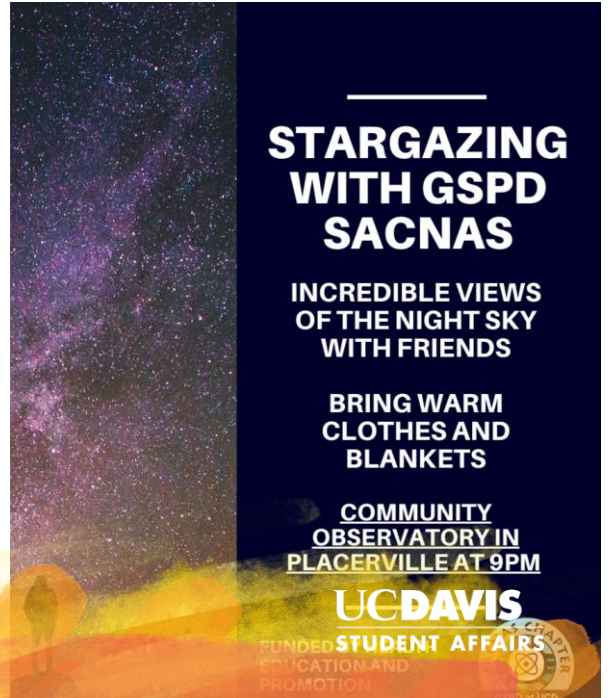
Results

- 12 events hosted 2022 - 2023 academic year
- 159 participants filled out the post-survey
- **98.8% of participants agreed that the event made them feel more connected to UC Davis and their peers.**
- 100% of participants agreed that the event provided an opportunity to socialize without the need for alcohol



Event Examples

- Stargazing with GSPD SACNAS @ Community Observatory
- Pajama Movie Night
- Traditional Attire Event (performances from cultural groups)
- Board Game Night
- Pre-finals Pizza Night
- Mario Super Smash Brothers Tournament
- Games Night



Student Quotes

*"This opportunity allowed me to see what the UC Davis community is really about. **Events like these are why I love this school and community**"*

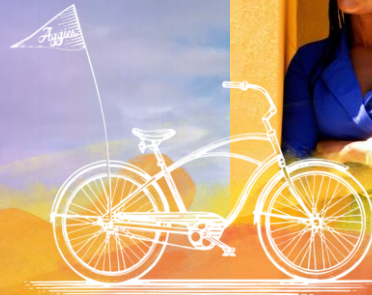
"Funding these programs help create opportunities with peers that can be difficult to find for less social individuals"

*"As a sober student, it can sometimes be difficult to attend other late night events with the focus on alcohol. Our club hosts a once a quarter social at a local bar, but we have not had a replacement event that is substance free. **Funding for events like this makes me feel considered in the general student body.**"*

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Thank you!

Questions?



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