

April 5, 2024

Student Health and Counseling Services Student Service Fee Update to COSAF

shcs.ucdavis.edu

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STUDENT HEALTH AND
COUNSELING SERVICES

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Dedicated to a healthy student body



North Hall



Student Health and
Wellness Center



Cowell Building

Top reasons for an appointment

 Anxiety

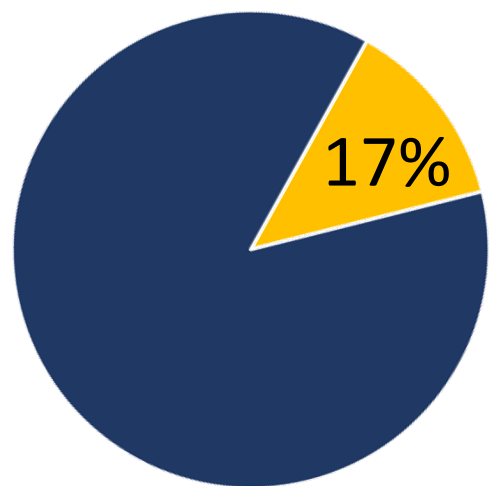
 Academic Concern

 Depression

 Relationship Issue

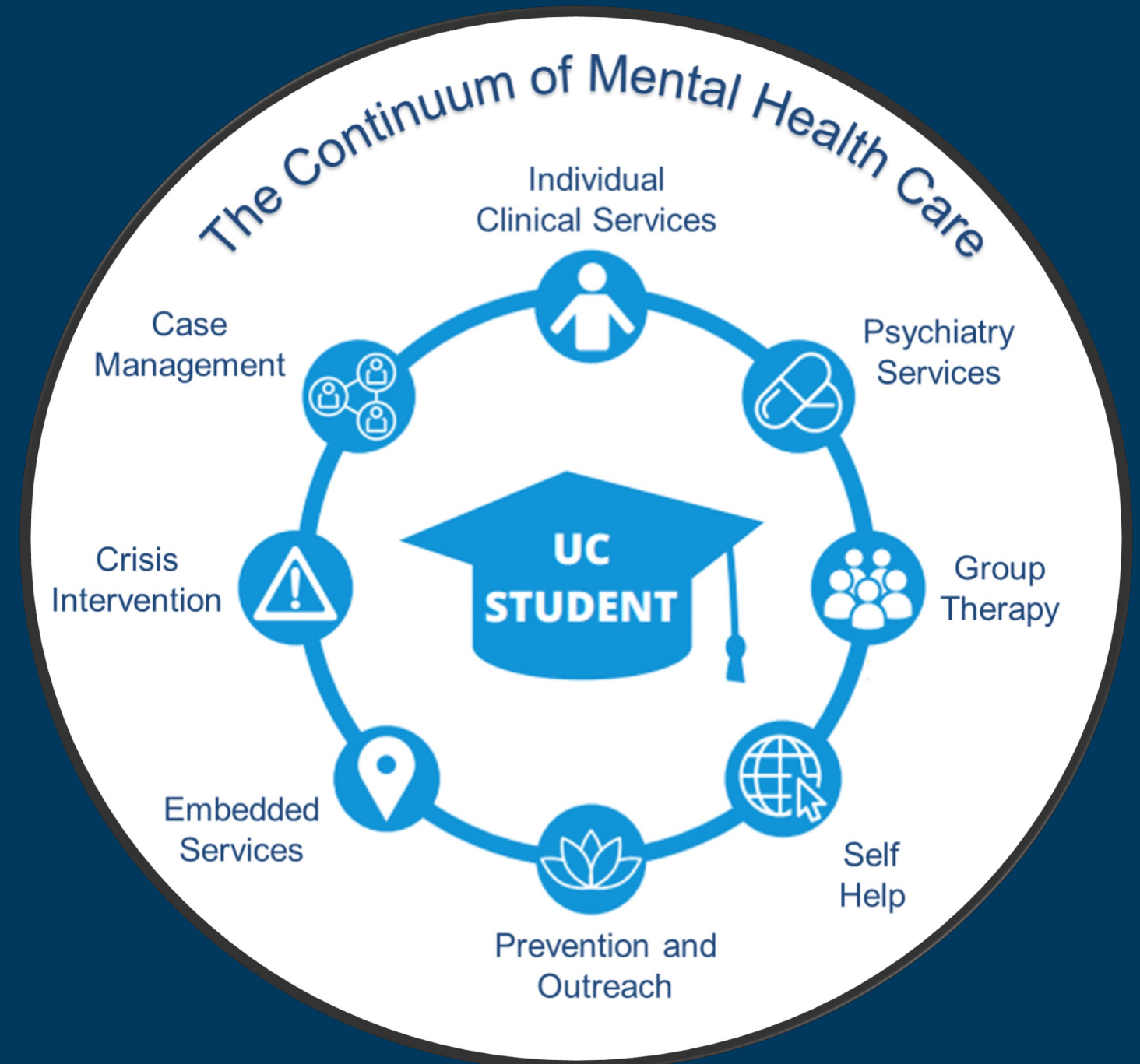
 Stress

Counseling services are available in person and remotely and can be scheduled via the online portal.



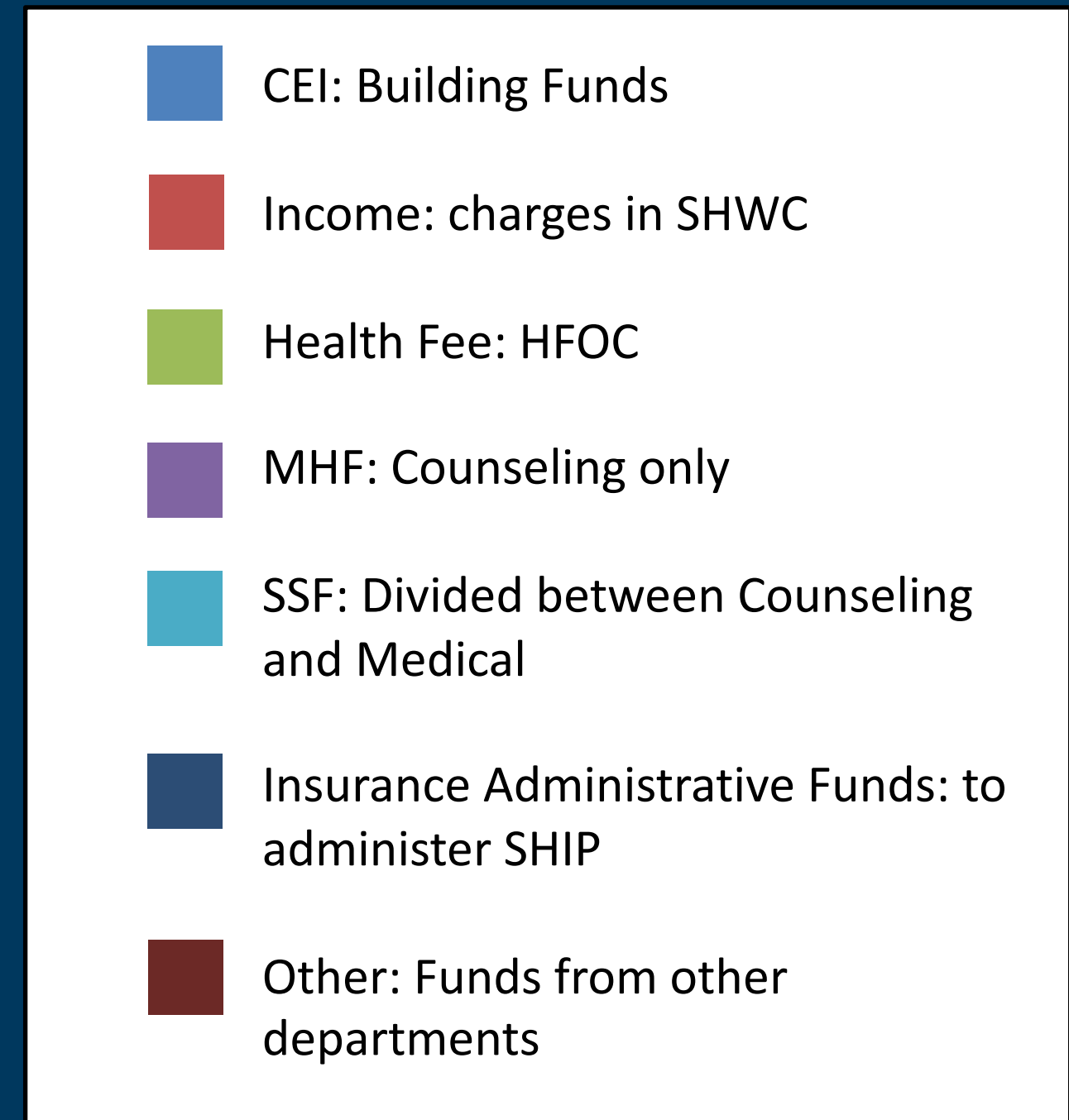
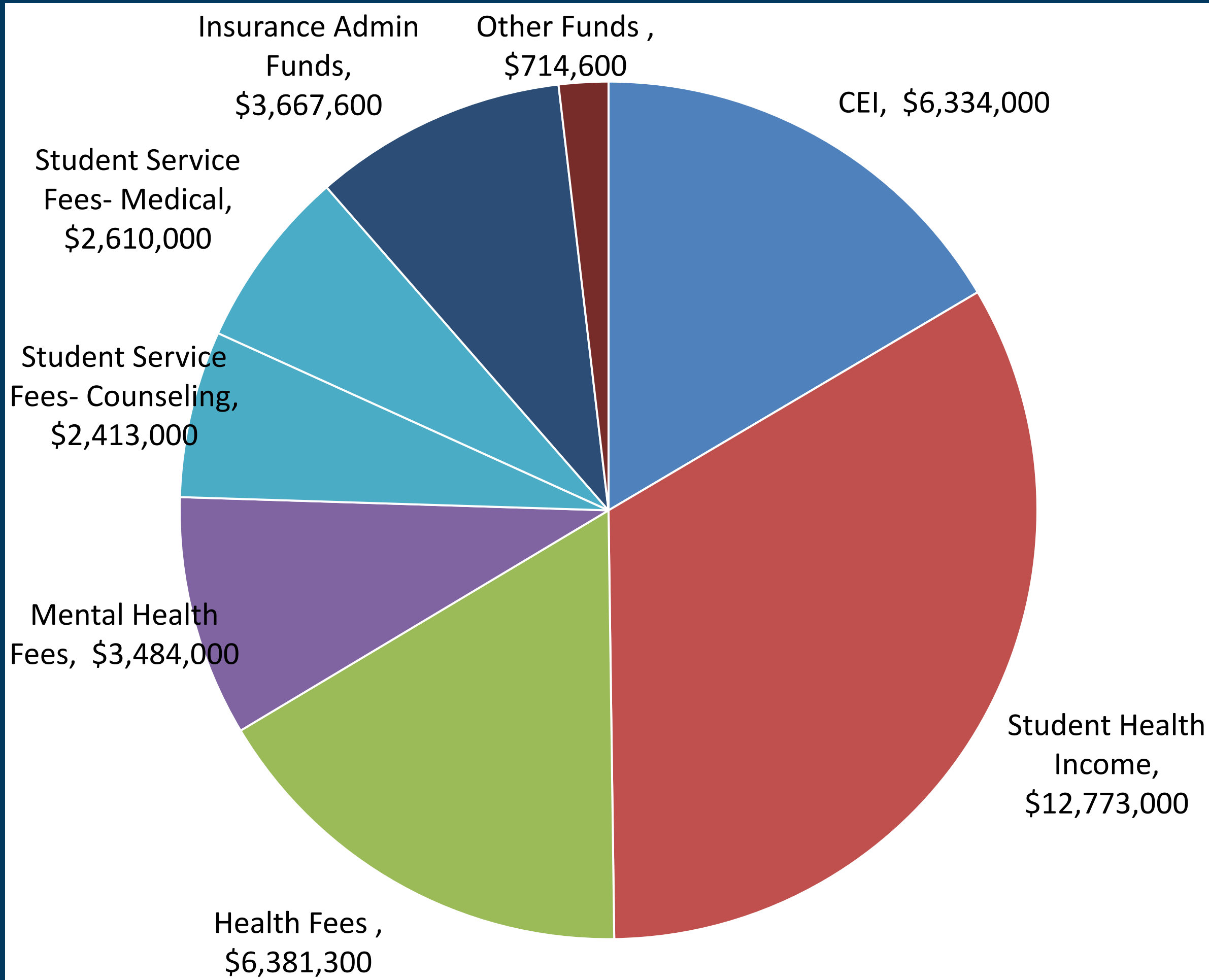
of UCD students utilized Mental Health Services last year

Counseling Services

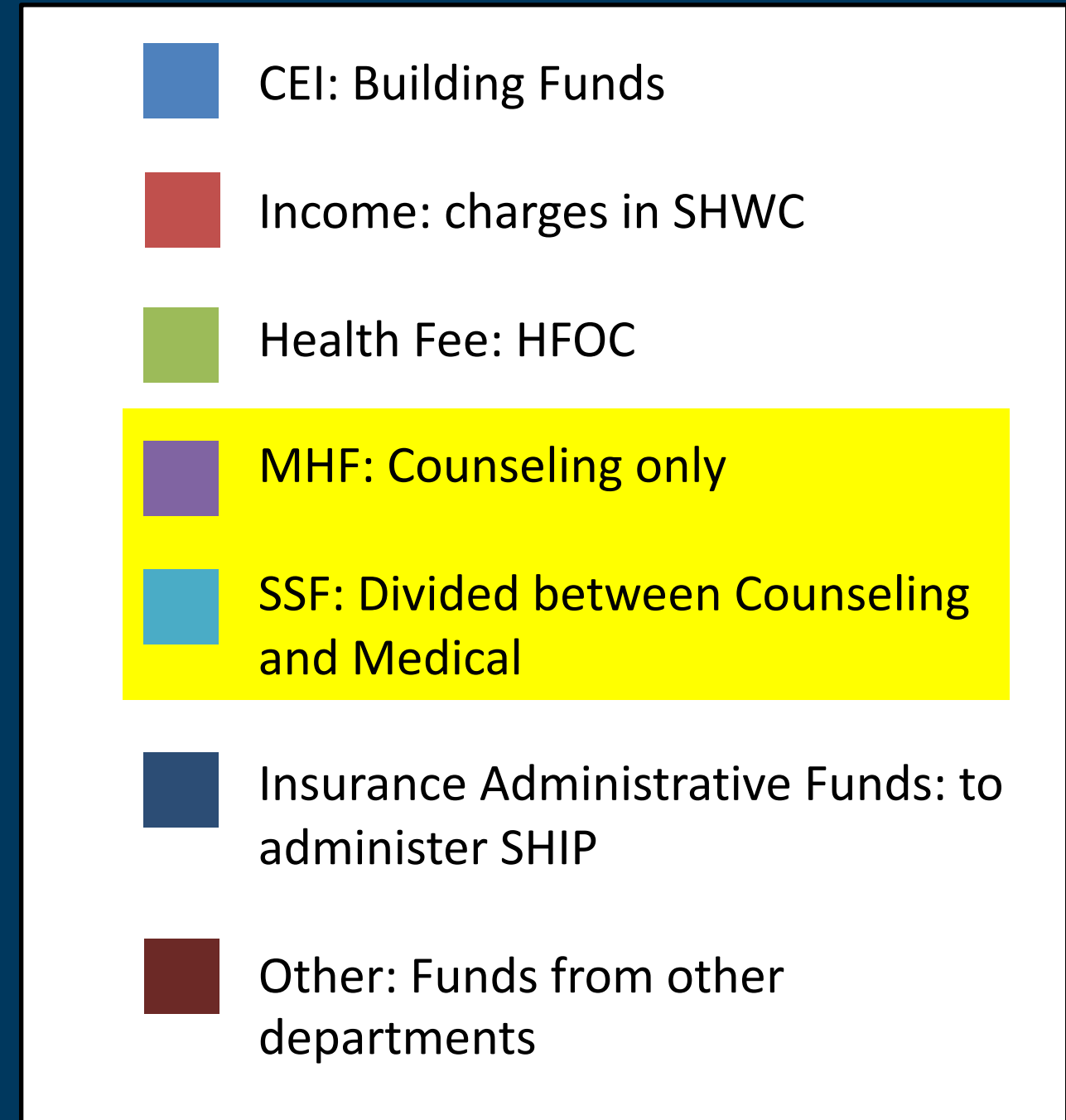
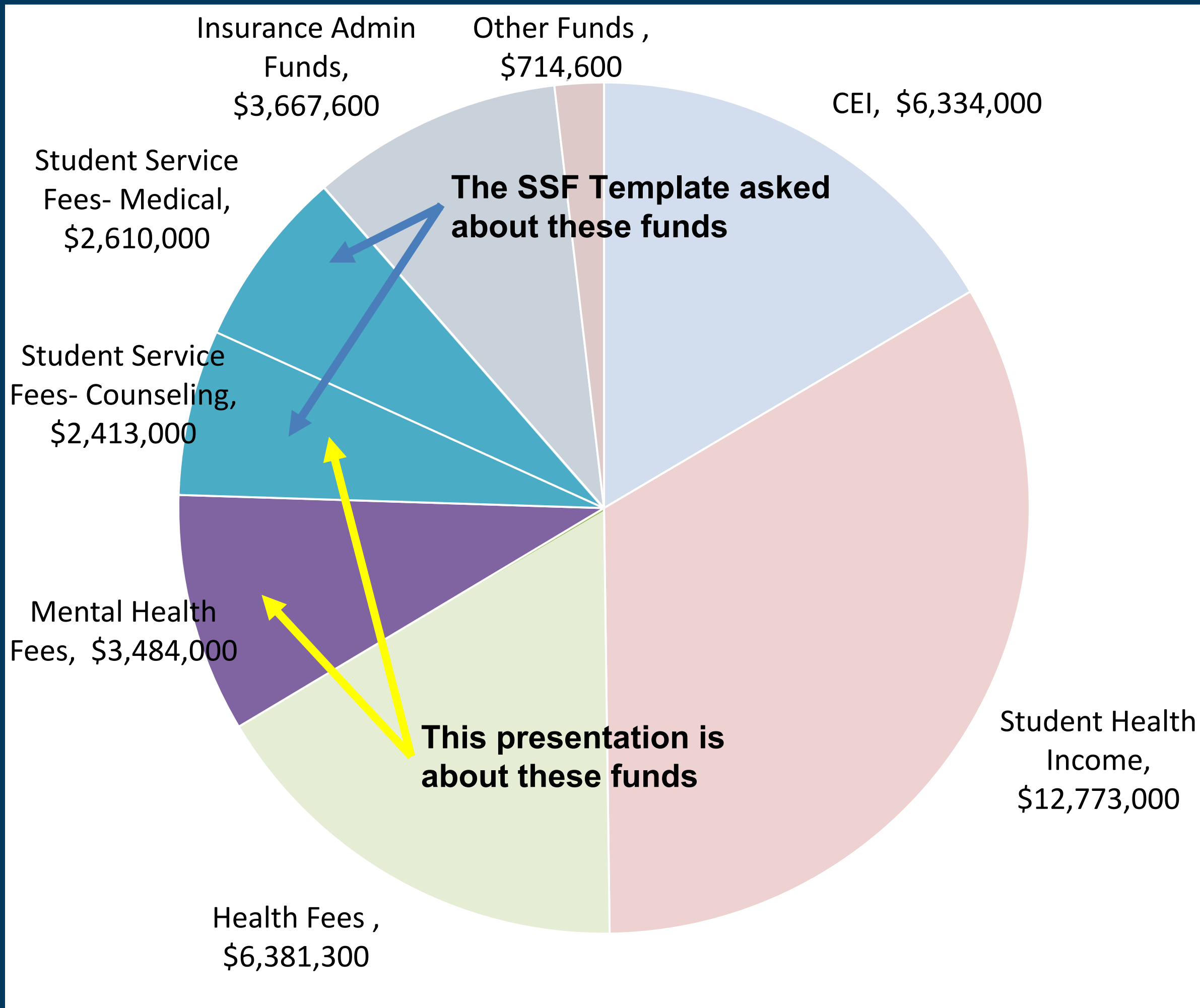


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Funding for SHCS Operations 2022-2023: \$38,377,500



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SHCS Mental Health SSF and MHF Expenses

Expense	2022-23 SSF & MHF Actuals	2023-24 Projected SSF & MHF Allocation
Salaries/Benefits	\$6,622,122	\$7,167,735
Operational Costs	\$655,731	\$382,377
Other	\$0	\$0
TOTAL	\$7,277,853	\$7,550,112

Counseling Services 2022-23

- Recruitments
- Responded to Community Tragedies
- Retention & Sustainability
- CS Space

Counseling Services Goals 2023-24

- IACS Reaccreditation
- APA Doctoral Training Program Reaccreditation
- Recruitments
- Diversity, Equity, & Inclusion
- Increase Access to Mental Health Services
- CS Space

Is there a financial reason behind students being limited to a certain amount of Counseling appointments before being made to seek external help or is there another reason?

- Staffing/Ratios
- 2022-2023 Utilization Data
- Short-term Counseling Model
- Stewardship of Resources

Thank you!

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